

*The holiday season
may have once been a
time of great anticipation
and excitement ...*

*but this year,
the prospect of facing the
holidays without
your loved one may cause
anxiety and dread.*

You are not alone.

*Connect with the support,
encouragement
and advice you need to survive
the holidays ahead.*



Surviving the Holidays
c/o Prestoncrest Church of Christ
12700 Preston Rd #210
Dallas, TX 75230



SURVIVING *The Holidays*

ENCOURAGEMENT
AND ADVICE
FOR FACING THE
HOLIDAYS
WITHOUT
A LOVED ONE

A FREE EVENT
SAT, NOV 6TH
4:30-7:00 PM

SURVIVING *The Holidays*

ENCOURAGEMENT
AND ADVICE
FOR FACING THE
HOLIDAYS
WITHOUT
A LOVED ONE

SATURDAY, NOVEMBER 6
4:30 - 7:00 PM

PRESTONCREST CHURCH OF CHRIST
6022 PRESTONCREST LANE
IN NORTH DALLAS

LOCATED ON PRESTON ROAD
JUST 2 BLOCKS SOUTH OF 635

*Guest speaker Larry Barber will share
encouragement, advice, and
practical suggestions for difficult days.*

DINNER PROVIDED

CHILDCARE PROVIDED

COMMEMORATION CEREMONY WITH
CANDLELIGHTING & BALLOON RELEASE

NO CHARGE

REGISTRATION REQUIRED! 972.233.2392 OR
prestoncrest.org/survivingtheholidays

PRESENTATION BY THE DIRECTOR OF GRIEFWORKS & COUNSELINGWORKS

Larry M. Barber LPC-S, CT



Larry holds two Masters Degrees, one in Biblical Studies from Abilene Christian University and the other in Counseling from Amberton University. He received his Bachelors Degree from Baylor University in Oral Communications. He is a licensed professional counselor in the state of Texas. He has been approved by the state of Texas as a supervisor for LPC interns. Also he has received certification in Thanatology (the study of death, dying and bereavement) by the Association for Death Education and Counseling. Larry has been certified in the Studies on Death and Grief through the Center for Loss and Life Transition and Colorado State University. His studies for the certification were under the supervision of internationally known grief author, educator and counselor Alan D. Wolfelt, Ph.D.

ABOUT GRIEFWORKS...

GriefWorks is one of ChristianWorks' 4 ministries. It helps children ages 5-18 grieve the loss of a loved one in a way that brings them closer to answers they are seeking, rather than leaving them stuck in their grief journey... closer to others, rather than becoming relationally isolated... and to a place of healing and peace, rather than sliding into depression, anger, or other emotional traps that can occur when grief is not dealt with. GriefWorks, providing Christian grief counseling and support groups, is a ministry of ChristianWorks for Children, established in 1967. At GriefWorks, our experienced, trained grief counselors and volunteers listen to children's hurts and guide them in individual and age-divided groups. Private counseling and free resources are also available. We provide a supportive, safe, loving environment for children to deal with grief in a healthy way.

ChristianWorks • 6320 LBJ Fwy, #126 • Dallas, TX 75240 • 972.960.9981 or 800.375.2229 • lbarber@christian-works.org

JOIN US, ALSO, DURING THE YEAR FOR A 13-WEEK
SERIES OF CLASSES THROUGH GRIEFSHARE.

What is GriefShare about & how does it work?

GriefShare groups meet weekly to help you face the challenges of losing a loved one, and move toward rebuilding your life.

Each week the group watches a video seminar featuring top experts on grief and recovery subjects. These videos are produced in an interesting-to-watch television magazine format featuring expert interviews, real-life case studies, dramatic reenactments and on-location video.

After viewing the video, group members spend time as a support group, discussing what was presented in that week's video seminar and what is going on in your lives.

During the week, group members have the opportunity to use a workbook for further personal study of the grieving process and to help sort out emotions through journaling. Your group will spend time discussing questions and comments from the workbook study.

For more information on GriefShare, visit their website at griefshare.com.

Classes are held in the spring and fall each year at Prestoncrest Church of Christ.

For specific dates and times, visit our website at prestoncrest.org or call the church office at 972.233.2392.

